



It's so easy.

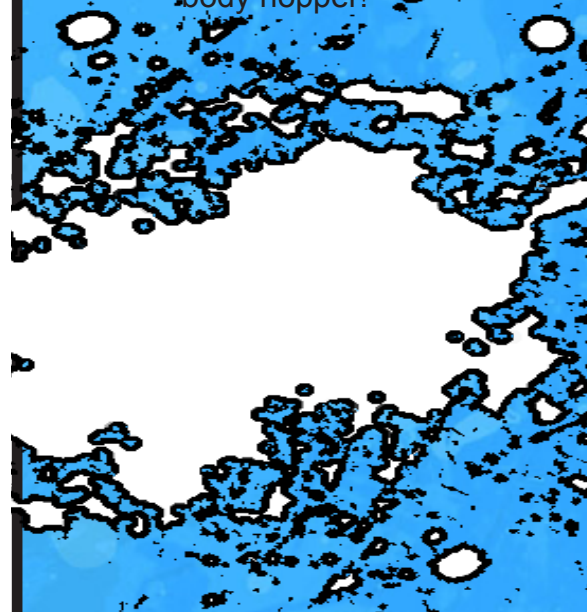
All we need is some people who are ready to hop! Our team can perform many different workshops including:

- Whole school workshops
- end of school performances
- extended or once off programs

WHO ARE YOU
GOING TO CALL?



To contact us about kicking (and clapping) up a storm at your school please contact your local body hopper!



body hop is brought to you by:

good vibes music
www.goodvibesmusic.com.au

BODY HOP



Don't just sit there!

BODY HOP

SO... HOP TO IT!

Why do something that you don't even enjoy to stay active? Promoting a healthy lifestyle is easy when it's fun. Playing infectious beats and creating music with one's body is an exciting and accessible way to get the heart pumping - especially for those who prefer listening to their i-pods over getting on the footy grounds. Be bold. Try something different.

WE KNOW YOU WANT TO...

Use your body to its full potential! Body Hop is a clever style of music that combines the rhythms and grooves of jazz hip hop music with the invigorating movement of African body percussion.

It's impossible to not want to get your groove active by stomping, clapping and hip hopping along to our team's wicked beats. With a program design specifically for school performances, now everyone can show off their new found hoppin', poppin', shakin', dancing skills!



GO!



Drumming. Body Hop style!



Hop.